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Additional Chief Secretary to Government Health and Family Welfare Department and

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Dated 4.3.2020

Advisory

Subject: Advisory to IT/BT company employees and staff

- 1. Avoid non-essential travel to COVID-19 affected countries and refrain from travel to China, Iran, Republic of Korea, Italy, Japan and Iran.
- Employees other than those restricted Countries arriving directly or indirectly from China, South Korea, Japan, Iran, Italy, Hong Kong, Maccau, Veitnam, Malaysia, Indonesia, Nepal, Thailand, Singapore, Taiwan, UAE & Qatar must undergo medical screening at airport entry.
- Employees arriving through all international flights entering India from any port are required to furnish duly filled self declaration form (including personal particulars – phone numbers and address in India) and travel history to health officials and immigration officials
- 4. Those employees having flu like symptoms may be allowed to work from home with advice of standard hand hygiene and cough etiquette.
- 5. Promote regular and thorough hand washing at work place.
- 6. Put sanitizing hand rub dispensers (alcohol based) in prominent places and provide access to places where staff can wash their hands with soap and water.
- 7. Surfaces (Example: Desks & Tables) and objects (eg: Telephone, Keyboards) should be wiped with disinfectants regularly
- 8. Promote good respiratory hygiene. Ensure that surgical mask and /or paper tissues are available at your work places only for those who develop a runny nose or cough at work along with closed bins for hygienic disposable of them.
- 9. Any passengers who has visited affected Countries in the last 14 days and come to Karnataka, he/she has to be self intimated to the Health Department. If he/she has to travel again from Bengaluru to other places, he/she has to take permission from the Health Department or he/she has to intimate the concerned officials of the Health Department.
- 10. Regarding any symptoms or travel history to COVID-19 affected countries kindly report to 104 Arogya Sahayavani (Toll free Help Line Number) and email to ssuidspbangalore@gmail.com.

Additional Chief Secretary Govt. Health and Family Welfare Department